

## Services and Fees *\*updated in 2026*

### Initial Health Consultation

<p><i>Initial visit:</i> <i>60 minutes</i> <b>\$300</b></p>	<p>Your first visit will be a comprehensive investigation of your habits, challenges, family history, and current medical issues. I may order lab tests and/or take samples based on my examination, our discussion and the intake form that you will fill out prior to our consultation. This information will be analyzed and developed into a treatment plan that we will discuss and refine together at your follow-up visit. The cost of your initial visit does NOT include any necessary lab work, imaging or treatment prescriptions. <b>This price is increasing to \$350 in 1/1/2027.</b></p>
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### Follow-up Visits

<p><i>30 minutes</i> <b>\$150</b></p>	<p>Follow up visits for adults and kids include acute care, and all other appointments beyond the Initial Health Consultation. <b>This price is increasing to \$200 for 30 minutes on 1/1/2027.</b></p>
<p><i>30-45 minutes</i> <b>\$175</b></p>	<p>Adult annual physicals/pap smear. This does not cover the cost of labs, urine tests or a PAP – that will be billed by the laboratory. <b>This price is increasing to \$215 for 30 minutes on 1/1/2027.</b></p>
<p><i>15 minutes</i> <b>\$75</b></p>	<p>15 minute phone appt for requesting labs only – doctor must approve this is appropriate to schedule. <b>This price is increasing to \$100 for 15 minutes on 1/1/2027.</b></p>
<p><i>90 minutes</i> <b>\$500</b></p>	<p>Extended visits for medically complex patients can be scheduled as 90 minutes for NEW patients that need more time. Because so much time is reserved for this appointment, a prepayment of \$150 is taken upon scheduling.</p>

### Weekend and After-Hour Visits

<p><i>\$200 surcharge</i></p>	<p>In some instances, patient may want a medical appointment in the evening or the weekend, and may request an appointment outside of regular business hours. Upon doctor availability, these may be requested and scheduled via phone call (not the online scheduler). There is a \$200 surcharge on top of the regular visit fees. So a new patient appointment booked on a weekend, will be \$200 plus the cost of the visit and must be pre-paid at the time of scheduling. This visit is a telehealth visit (no in-person visits after-hours or on the weekend).</p>
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### Blood draw & Vitamin Injections

<p><b>Free</b></p>	<p>I offer blood draw services for specialty labs so you don't have to make a separate trip to the lab. They can be scheduled at your convenience.</p>
<p><b>\$40</b> <b>10 for \$320</b></p>	<p>Vitamin and mineral injections for various medical conditions.</p>
<p><b>\$ 250</b></p>	<p>Meyer's vitamin infusion. These take up to 60+ minutes.</p>
<p><b>\$160 - 250</b></p>	<p>Saline drip for POTS. This can take up to 2 hours</p>
<p><b>\$ 300+</b></p>	<p>High dose vitamin C. These take up to 3 hours</p>
<p><b>Variable</b></p>	<p>Late cancellations and no-shows for office appointments will be charged \$100 plus the sum of the cost of any injections you scheduled. We do not charge for late cancellations of B12 shots.</p>